

Breast Ultrasound

Appointment Information

Date: _____ Time: _____ Location: _____

Address: _____

Notes: _____

About

A breast ultrasound exam is performed to determine the nature of a breast abnormality. The primary use of a breast ultrasound exam today is to help diagnose breast abnormalities detected during a physical exam such as breast lumps, breast pain or nipple discharge. A breast ultrasound exam also characterizes potential abnormalities seen on other breast scans.

Breast ultrasounds help supplement mammography by detecting breast cancers that may not be visible with mammography due to dense tissue in the breasts and other factors. A breast ultrasound exam can be offered as a screening tool for women who are at high risk for breast cancer and for women who are pregnant and cannot be exposed to radiation used in other breast scans.

Preparations

On the day of your breast ultrasound exam, wear comfortable, loose-fitting clothing to your appointment. You will be asked to undress from the waist up.