



DEXA BONE DENSITY HISTORY

Name:

Date:

Accession:

Have you taken any calcium supplements in the last 24 hours? Yes No

Have you had nuclear medicine, oral, or IV contrast exams within the past 10 days? Yes No

Have you been diagnosed with osteoporosis or osteopenia by a physician? Yes No

Ethnicity:

Caucasian: Yes No

Hispanic: Yes No

African American: Yes No

Asian: Yes No

Other:

Current Height:

Tallest Height:

Weight:

Right-Handed Left-Handed

If applicable:

Premenopausal: Yes No

Perimenopausal: Yes No

Postmenopausal: Yes No

Age at Menopause:

Total Hysterectomy(Uterus and ovary removed): Yes No

Partial Hysterectomy (Uterus removed): Yes No

Age at time of hysterectomy:

Please Indicate Prior Surgeries:

Back/Spinal Surgery: Yes No

Hip Surgery: Yes No

Wrist Surgery: Yes No

Vertebroplasty/Kyphoplasty: Yes No

Please Indicate Previous Fractures:

- Spinal Compression Fracture: Yes No
How:
- Hip Fracture: Yes No
How:
- Wrist/Distal Radial Fracture: Yes No
- Sacral Insufficiency Fracture: Yes No

Have you taken any of the following medications in the past 12 months?

- | | | | |
|------------------------------|--|-------------------------------|--|
| Evista (raloxifene): | <input type="radio"/> Yes <input type="radio"/> No | Forteo (parathyroid hormone): | <input type="radio"/> Yes <input type="radio"/> No |
| Evenity (Romosozumab-aqq): | <input type="radio"/> Yes <input type="radio"/> No | Miacalcin (calcitonin): | <input type="radio"/> Yes <input type="radio"/> No |
| Hormone Replacement Therapy: | <input type="radio"/> Yes <input type="radio"/> No | Prolia, Xgeva (denosumab): | <input type="radio"/> Yes <input type="radio"/> No |
| Reclast (zoledronate): | <input type="radio"/> Yes <input type="radio"/> No | Tymlos (abaloparatide): | <input type="radio"/> Yes <input type="radio"/> No |

Have you taken any of the following medications in the last 2-24 months?

- | | | | |
|------------------------|--|-----------------------|--|
| Actonel (risedronate): | <input type="radio"/> Yes <input type="radio"/> No | Boniva (ibandronate): | <input type="radio"/> Yes <input type="radio"/> No |
| Fosamax (alendronate): | <input type="radio"/> Yes <input type="radio"/> No | Zometa: | <input type="radio"/> Yes <input type="radio"/> No |

- Have you ever had a bone fracture (excluding skull, hands, and feet) over the age of 40, not caused by trauma? Yes No
- Have either of your biological parents suffered a HIP fracture not caused by trauma? Yes No
- Do you currently smoke anything including vaping? **(TODAY)** Yes No
- Have you ever taken ORAL (not inhaler) steroids? **(5mg or more daily for more than 3 months)** Yes No
- Have you been diagnosed by a physician with Rheumatoid Arthritis? Yes No
- Do you have 3 or more alcoholic drinks **every** day? Yes No
- Do you take thyroid medication? Yes No