

# DEXA BONE DENSITY HISTORY

NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_ DATE: \_\_\_\_\_

Have you been diagnosed with osteoporosis or osteopenia by a physician? Yes \_\_\_\_\_ No \_\_\_\_\_

Have you experienced height loss greater than 2 inches since young adulthood? Yes \_\_\_\_\_ No \_\_\_\_\_

Ethnicity:

Caucasian \_\_\_\_\_ Asian \_\_\_\_\_ African American \_\_\_\_\_ Hispanic \_\_\_\_\_ Other \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Right or Left Handed: \_\_\_\_\_

**Female:**

Premenopausal: Yes \_\_\_\_\_ No \_\_\_\_\_

Perimenopausal: Yes \_\_\_\_\_ No \_\_\_\_\_

Postmenopausal: Yes \_\_\_\_\_ No \_\_\_\_\_

Age at Menopause: \_\_\_\_\_

Partial Hysterectomy(Uterus removed): Yes \_\_\_\_\_ No \_\_\_\_\_

Total Hysterectomy(Uterus & ovary removed): Yes \_\_\_\_\_ No \_\_\_\_\_

**Male:**

History of Prostate cancer: Yes \_\_\_\_\_ No \_\_\_\_\_

If so when: \_\_\_\_\_

Orchiectomy: Yes \_\_\_\_\_ No \_\_\_\_\_

History of low testosterone: Yes \_\_\_\_\_ No \_\_\_\_\_

**Please Indicate Prior Surgeries:**

Back/Spinal Surgery: Yes \_\_\_\_\_ No \_\_\_\_\_

Hip Surgery: Yes \_\_\_\_\_ No \_\_\_\_\_

Wrist Surgery: Yes \_\_\_\_\_ No \_\_\_\_\_

Vertebroplasty/Kyphoplasty: Yes \_\_\_\_\_ No \_\_\_\_\_

Major Organ Transplant: Yes \_\_\_\_\_ No \_\_\_\_\_

**Please Indicate Previous Fractures:**

Spinal Compression Fracture: Yes \_\_\_\_\_ No \_\_\_\_\_

How: \_\_\_\_\_

Hip Fracture: Yes \_\_\_\_\_ No \_\_\_\_\_

How: \_\_\_\_\_

Wrist/Distal Radius Fracture: Yes \_\_\_\_\_ No \_\_\_\_\_

How: \_\_\_\_\_

Sacral Insufficiency Fracture: Yes \_\_\_\_\_ No \_\_\_\_\_

**Please Indicate If You Have Either Of The Existing Conditions:**

Any Thyroid Disease: Yes \_\_\_\_\_ No \_\_\_\_\_

Hyperparathyroid Disease: Yes \_\_\_\_\_ No \_\_\_\_\_

Do you have a personal history of Cancer: Yes \_\_\_\_\_ No \_\_\_\_\_

**Have you taken any of the following medications in the past 12 months?**

Evista(Raloxifene): Yes \_\_\_\_\_ No \_\_\_\_\_ Forteo(parathyroid hormone): Yes \_\_\_\_\_ No \_\_\_\_\_

Hormone Replacement Therapy: Yes \_\_\_\_\_ No \_\_\_\_\_ Miacalcin(Calcitonin): Yes \_\_\_\_\_ No \_\_\_\_\_

Prolia(Denosumab): Yes \_\_\_\_\_ No \_\_\_\_\_ Reclast(Zoledronate): Yes \_\_\_\_\_ No \_\_\_\_\_

**Have you taken any of the following medications in the last 2-24 months?**

Actonel(Risedronate): Yes \_\_\_\_\_ No \_\_\_\_\_ Boniva(ibandronate): Yes \_\_\_\_\_ No \_\_\_\_\_

Fosomax(Alendronate): Yes \_\_\_\_\_ No \_\_\_\_\_ Zometa: Yes \_\_\_\_\_ No \_\_\_\_\_

Have you had a bone fracture over the age of 40, not caused by trauma?(Excluding skull, hands & feet) Yes \_\_\_\_\_ No \_\_\_\_\_

Have either of your biological parents suffered a HIP fracture not caused by trauma Yes \_\_\_\_\_ No \_\_\_\_\_

Do you currently smoke? (TODAY) Yes \_\_\_\_\_ No \_\_\_\_\_

Have you ever taken ORAL glucocorticoids/STEROIDS? (5mg or more daily for more than 3 months) Yes \_\_\_\_\_ No \_\_\_\_\_

Have you ever been diagnosed by a physician with Rheumatoid Arthritis Yes \_\_\_\_\_ No \_\_\_\_\_

Do you have 3 or more alcoholic drinks every day Yes \_\_\_\_\_ No \_\_\_\_\_