

Obstetric Ultrasound

Appointment Information

Date: _____ Time: _____ Location: _____

Address: _____

Notes: _____

About

An obstetric ultrasound exam is used to view an embryo or fetus within a woman's uterus, as well as the mother's uterus and ovaries. During an obstetric ultrasound, a radiologist can assess the fetus for normal growth and development.

Obstetric ultrasound is a useful clinical test to:

- Establish the presence of a living embryo/fetus
- Estimate the age of the pregnancy
- Diagnose congenital abnormalities of the fetus
- Evaluate the position of the fetus
- Evaluate the position of the placenta
- Determine if there are multiple pregnancies
- Determine the amount of amniotic fluid around the baby
- Check for opening or shortening of the cervix
- Assess fetal growth
- Assess fetal well-being

Preparations

You should wear a loose-fitting, two-piece outfit on the day of your obstetric ultrasound exam. Only the lower abdominal area needs to be exposed during this procedure.

Two hours prior to your exam you will be asked to empty your bladder then drink 16 oz of water. One hour prior to your exam you will be asked to drink another 16 oz of water. Please do not empty your bladder during the two hour preparation as a full bladder is needed for this exam.