

Sinus CT Scans

Appointment Information

Date: _____ Time: _____ Location: _____

Address: _____

Notes: _____

About

A sinus CT scan gives radiologists clearer images of the sinuses making it easier to identify problems.

A sinus CT scan shows a patient's paranasal sinus cavities. The paranasal sinuses are hollow, air-filled spaces located within the bones of the face and surrounding the nasal cavity, a system of air channels connecting the nose with the back of the throat. There are four pairs of sinuses, each connected to the nasal cavity by small openings.

A sinus CT scan is primarily used to detect the presence of inflammatory disease and help diagnose sinusitis. A sinus scan can also identify nasal and sinus tumors, and evaluate sinuses that are filled with fluid or thickened sinus membranes.

Preparations

You should wear comfortable, loose-fitting clothing to your sinus CT scan. Metal objects, including jewelry, eyeglasses, dentures and hairpins, may affect the CT images and should be left at home or removed for the sinus CT scan. You may be asked to remove hearing aids and removable dental work. Women will be asked to remove bras containing metal underwire. Other piercings may also be asked to be removed if possible for a sinus scan.

You should have nothing to eat or drink two hours prior to the exam

You should inform your doctor or one of our radiologists if you use a pacemaker device. Women should let our office know if there is a possibility they could be pregnant.

Keep taking your regular medicines prescribed by your doctor. Please inform our office of any known allergies to medications. Also, let our radiologists know if you have asthma, multiple myeloma or any disorder of the heart, kidneys, or thyroid gland, or if you have diabetes before receiving a neck CT scan.