

Stereotactic Breast Biopsy

Date: _____ Arrive: _____ Location: _____

Address: _____

Notes: _____

About

A stereotactic breast biopsy exam is performed to remove very small amounts of tissue from a suspicious area in the breasts. Lumps or abnormalities in the breasts are often detected by mammography or other imaging studies. However, it is not always possible to tell from these imaging tests whether a growth is benign (harmless) or cancerous.

A stereotactic breast biopsy is performed to remove some tissue cells from a suspicious area in the breast and then have a pathologist examine them under a microscope to determine a diagnosis. A stereotactic breast biopsy is not designed to remove the entire lesion (abnormality).

The breast exam is minimally invasive and allows radiologists to help diagnose abnormalities in the breasts.

A stereotactic breast biopsy is performed when a mammogram shows a breast abnormality such as:

- A suspicious solid mass
- Micro calcifications, a tiny cluster of small calcium deposits
- A distortion in the structure of the breast tissue
- An area of abnormal tissue change
- A new mass or area of calcium deposits present at a previous surgery site

Preparations

Please eat and drink as normal prior to your procedure. You may drive to and from your appointment.

On the day of your stereotactic breast biopsy, you will be asked to undress from the waist up so a two-piece outfit is recommended. Please wear a snug fitting bra.

Women should inform their radiologist if there is any possibility that they are pregnant. You should not wear deodorant, powder, lotion or perfume under your arms or on your breasts on the day of the stereotactic breast biopsy exam.

If you have any questions, please contact a SMIL Nurse Navigator at 480.425.5057.

Over-the-Counter Medications

Daily use of the following over-the-counter medications may increase your risk of bleeding during the procedure.

- Anti-inflammatory medications such as Ibuprofen, Aleve, Excedrin, Advil
- Arthritic/Migraine medications such as Naproxen, Meloxicam, Voltaren (Diclofenac)
- Individual Vitamin E, Turmeric, Fish/Krill Oil, Omega 3