

# MR Arthrography

## Appointment Information

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Location: \_\_\_\_\_

Address: \_\_\_\_\_

Notes: \_\_\_\_\_

## About

Arthrography is performed to evaluate and diagnose pain and abnormalities in the joints. Arthrography is magnetic resonance imaging (MRI) examination that uses an injection of special contrast material directly into the joint.

The special contrast material outlines the structures within the joints and allows radiologists to view accurate images of the joint being examined.

MR arthrography images help radiologists evaluate alterations in the structure and function of a joint and help to determine the possible need for treatment. The procedure is most often used to identify abnormalities within the:

- Shoulder
- Wrist
- Hip
- Knee
- Ankle
- Elbow

## Preparations

No special preparation is necessary before MR arthrography. Diet restrictions are not needed unless a sedative will be given. You will be asked to change into a gown. Metal and electronic objects are not allowed in the exam room and you should remove all jewelry and metal if possible.

You should inform your radiologist of any medications you are taking, medical conditions, recent illnesses, and allergies you might have. You should also inform your radiologist prior to your MR arthrography of any recent injuries or if you have claustrophobia or anxiety.